### CATHEDRAL CALENDAR

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>Sunday, March 15th</td>
<td>Sunday of St. Gregory Palamas</td>
<td>Orthros 8:45am Divine Liturgy 10:00am</td>
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<tr>
<td>Monday, March 16th</td>
<td>Great Compline</td>
<td>6:00pm</td>
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| Wednesday March 18th | Presanctified Liturgy  
Lenten Lecture | 6:00pm  
7:30pm |
| Friday, March 20th | Presanctified Liturgy  
3rd Salutations to the Theotokos | 9:00am  
7:00pm |
| Sunday, March 22nd | Sunday of the Holy Cross                   | Orthros 8:45am Divine Liturgy 10:00am |
| Monday, March 23rd | Great Compline                              | 6:00pm        |
| Wednesday March 25th | Presanctified Liturgy  
Lenten Lecture | 6:00pm  
7:30pm |

**Apolytikion of the Holy Trinity**

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Εὐλογητός εἶ Χριστέ ὁ Θεος ἡμῶν ὁ πανσόφος τούς ἀληθείς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι’ αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.
Epistle & Gospel Reading

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3
"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Mark 2:1-12
At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"--he said to the paralytic--"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

14; 2:1-3
Κατ᾽ ἀρχάς, Κύριε, τήν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σοῦ εἰσίν οἱ οὐρανοί· αὐτοὶ ἀπολύονται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἰμάτιον παλαιωθήσονται, καὶ ὅσει περιβόλαιον ἐλέξεις αὐτοὺς· καὶ ἀλλαγήσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἐπί σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἄγγελων εἰρήκην ποτε, Κάθου ἐκ δεξιῶν μου, ἐὰς ἀν θώ τοὺς ἑξήρους σου ὑποπόδιον τῶν ποδῶν σου; Ὁ γὰρ πάντες εἰσὶν λειτουργικά πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μελλόντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δὲ περισσοτέρος ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μὴποτε παραρροώμεθα. Εἰ γὰρ ὁ δὲ ἄγγελος λαλήθης λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοκέ ἐλαβεν ἐνδικὸν μισθοδοσίαν, πῶς ἡμᾶς ἐκφευρξέμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἡτε, ἀρχὴν λαβόνσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκοουσάντων εἰς ἡμᾶς ἐβεβαιώθη.
BECOME A STEWARD IN 2020!

We encourage you to share your time, talents, and treasure as active stewards of the Cathedral. Please take the time to prayerfully submit a Stewardship Pledge Card and to contribute to the financial needs of our Cathedral. For more information, please see one of our ushers at the back of the Church or during coffee hour.

Visit: thecathedralnyc.org for additional information.

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NOTES FROM THE CATHEDRAL OFFICE

If you wish to inquire about having a Sunday memorial service for your loved ones, please contact our office: (212) 288-3215 no later than Wednesday.

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CATHEDRAL GALA

On Friday, May 29th, 2020 we will be hosting the 85th Cathedral GALA at The Pierre, which is the biggest fundraiser for our Cathedral. We would love to see everyone attend the Gala and show your support. More details to follow!

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CATHEDRAL’S CUB SCOUT PROGRAM

The Cathedral of the Holy Trinity has initiated a Cub Scout pack at the Cathedral for boys and girls ages 5-10.

You can contact us: atpack74bsa@thecathedralnyc.org with any questions. We look forward to welcoming your son or daughter to Cub Scouts!

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LENTEN LECTURE SERIES

Every Wednesday during Great & Holy Lent, after Presanctified Liturgy, the Cathedral will be hosting the Lenten Lecture Series in the Chiotes Family Cathedral Hall. All are welcome!

This Wednesday, March 18th, the Very Rev. Dr. John Jillions, associate professor of religion and culture at St. Vladimir’s Seminary, will be our lecture speaker! His topic: Listening to God!

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SAVE THE DATE: 70th Annivversery Benefit & Auction – April 30th at 6:30pm in the Choites Family Cathedral Hall.

Visit us and learn about our rigorous and yet nurturing, tradition-rich curriculum and programming. Located on the Upper East Side of New York City, the Cathedral School is a college preparatory, coeducational independent school for Nursery-8th grade. Since 1948,

The Cathedral School has provided a world-class education to its students with rigorous academics and outstanding programs in arts, citizenship, peer leadership, and foreign language.

Visit cathedralschoolny.org to inquire today.

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HOMELESS MINISTRY

In April(TBD), we will be participating in the Midnight Run event. A drop-off box has been placed outside of the Chiotes Family Cathedral Hall for dropping off the needed items. There are many ways that you can help out for this event – please contact Andrew Yiannakos for any and all questions at: Andrew.yiannakos@gmail.com

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YOUTH MINISTRIES

For more information, please contact: goya@thecathedralnyc.org

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CATHEDRAL ALTAR BOYS

Calling all Altar boys! We are looking for altar boys to come serve in the Altar on Sundays during worship. Contact Dn. Sotiri for more details or questions: dnsotiri@thecathedralnyc.org
We would like to thank James and Stella Pantelidis who have generously donated the flowers for our 2nd Salutations to the Theotokos Service.

If you would like to sponsor a floral donation for one of the three upcoming Salutations to the Theotokos Services, please contact the Church office: (212) 288-3215

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Save the Date

The Cathedral School
70th Anniversary Benefit & Auction

Celebrating 70 Years of Excellence in Education

Thursday, April 30, 2020
6:30pm

The Cathedral Ballroom
337 East 74th Street
New York, NY